

Quinte West, Ontario, Canada

Aug. 10, 2011 - Sept. 10 - 17, 2011

ANGLING
BEACH VOLLEYBALL
BENCH PRESS
BOWLING 5 PIN
BOWLING 10 PIN
CYCLING ROAD
CYCLING CROSS COUNTRY

GOLF
ICE HOCKEY
POWERLIFTING
RUNNING 5K
RUNNING 10K
SHOOTING



Hosted by
Ontario Law Enforcement Athletic Association
Ontario Provincial Police

For further information contact us at the following:
Phone 905-568-2358 or 905-876-6746 Fax 905-569-8411
E-mail: clefg@rogers.com
Web page at www.clefg.com

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Schedule of Events

EVENT	Sat Sept 10	Sun Sept 11	Mon Sept 12	Tue Sept 13	Wed Sept 14	Thu Sept 15	Fri Sept 16	Sat Sept 17	VENUE
Registration									At the Event
Angling			7 am						Moira Lake
Beach Volley Ball	8 am								Calvary Temple Church
Bench Press								9am	Quinte Fitness
Bowling 5 Pin				9					Quinte Bowling Center Inc.
Bowling 10 Pin					9am				Quinte Bowling Center Inc.
Cycling Road Race	10am								Batawa Ski Hill
Golf						9 am			Black Bear Golf Club
Ice Hockey	8am-4pm	8am-4pm							Duncan McDonald Arena - Centennial Park
Cross Country Bike			10 am						Batawa Ski Hill
Power Lifting								9am	Quinte Fitness
Shooting Duty Pistol/Sniper Rifle/Tactical Rifle	Scheduled Date is Wednesday 10 August 2011 at 7 am							MilCun Marksmanship Complex	
5 & 10 Km Road Race		9am							Batawa Ski Club
Strongman	1pm								TBA

Endangered Sports

Insufficient participation may result in an event being cancelled.

Ontario Law Enforcement Athletic Association

Representatives

Belleville City Police, Pat Comeau
Immigration, Reinhard Mantzel,
Durham Reg, Nancy Van Rooy
Halifax Reg, Peter Myatt
Halton Reg, Bob Fisher
Hamilton-Wentworth DC, Tim Leroux
House of Commons, Paul Dubroy
Laval Police, Alain Landry
Maplehurst, Dennis Berg
Maplehurst, Svetlana Todorovic
MOT, Stephen Wong
Niagara DC, Alan Devine
Niagara Reg, Margaret Devine
North Bay Police, Jeff Warner
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OPP, Jason Camp
OPP, Dave Snider
OPP, Lonnie Foeller
OPP, Krista Brittan
Peel Reg, Marion Reeves
Peel Reg. Prisoner Escort, Roger Ward
Probation, Jesse Andrews
Quebec Corrections, Marcel Diotte
RCMP NB, Paul Looker
RCMP MB, Allan Sammy
RCMP Newmarket, Daryll Davies
RCMP PEI, Kevin McNeil
Saint-Hyacinthe Police, Pierre Allaire
Senate Protective, Guy Pitre
Shelburne Police, Mark Taylor
Six Nations Police, Robert Davies
Thunder Bay Police, Alan McKenzie
Thunder Bay Correctional C C, Pat O'Connor
Toronto Fire Department, Chris Hussey
Toronto Police Service, Ken Davies
Toronto Police Assoc., Dawn Andrews
Toronto East DC, Vicky Schlatman
Waterloo Reg, Shelley Howes

Board Members: 2011 - 2012

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Canada Border Services Agency

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Canada Border Services Agency

Ed Jouvstra
Quinte West OPP

David Ludington
Quinte West OPP

Martin Alarie
Correctional Service Canada

Registration Instructions

Read this booklet and keep it for reference.

**REGISTRATION WILL TAKE PLACE APPROXIMATELY HALF AN HOUR BEFORE THE EVENT
UNLESS OTHERWISE SPECIFIED IN THE BROCHURE OR ON THE WEBSITE**

1. Angling registration will take place at event site prior to start –TBA.
2. Beach Volley Ball registration to take place at the event site
3. Bench Press/Power Lifting registration to take place at the event.
4. Bowling Events registration to take place at event site prior to start.
5. Cycling Road Race and Cross Country Bike race registration to take place at the event site.
6. Golf event registration to take place at event site prior to start.
7. Strongman events registration to take place at event.
8. Ice Hockey event registration to take place at event.
9. 5km and 10km Run event registration to take place at event.
10. Shooting events registration will take place at event site.

All competitors **MUST** register in person with official departmental identification before their first event.
All registered competitors will receive a souvenir games give-away and a souvenir brochure.

Send cheque or money order to:
Ontario Law Enforcement Athletic Association at:

O.L.E.A.A.
8965 Chinguacousy Rd
P.O. Box 20053
Brampton ON L6Y0L9

ADDITIONAL FEES:

Golf: \$105.00 Fee covers Golf, Riding Cart and Supper.

AGE DIVISIONS (For some events):

Male	Female
18-29, 30-34	18-29, 30-34
35-39, 40-44	35-39, 40-44
45-49, 50-54	45-49, 50-54
55-60, 60+	55-60, 60+

Age is determined as of the first day of competition. A competitor may elect to compete in a younger age division as long as this is indicated on the original application form.

AGE INFORMATION:

You must indicate your age on the application form. Your age category will be based on the date of the game event. You may participate in a lower age division, provided you have indicated this request on your application. You may not compete in two or more different age categories for the same event. The youngest member of your team (doubles/relay) indicates the age division in which you will participate.

ALCOHOL / DRUGS / GAMBLING:

Competitors are prohibited from consuming alcoholic beverages during the competition and alcoholic beverages are prohibited on the field or area of competition. Controlled substances are PROHIBITED from being used illegally by any competitor. No gambling of any kind will be permitted during the Games.

APPLICATION INFORMATION:

It is very important to receive team fees in one cheque. It is the responsibility of the coach or captain to submit a team roster and team fee. If your partner's name is not listed, you will not be allowed in any doubles competition. Every participant must complete an application and submit it by the **deadline of 5 days prior to event date**. Ice Hockey registration deadline is August 16th 2011.

AWARDS:

GOLD, SILVER, and BRONZE medals are given for 1st place, 2nd place, and 3rd place.

CHANGES TO EVENTS:

Changes, consistent with the O.L.E.A.A. rules, such as times, dates and locations, may be necessary in conducting the various events. The O.L.E.A.A. reserves the right to make such changes.

COMPETITORS FROM OUTSIDE CANADA:

CANADIAN FIREARMS LAW: Current Canadian firearms legislation specifically excludes certain types, makes, sizes and calibers of firearms from being imported. Further, magazines for handguns capable of containing more than 10 rounds and magazines for semi-automatic "long guns" capable of containing more than five rounds of the ammunition are prohibited. For further info please contact C.L.E.F.G.

CONDUCT OFF THE FIELD:

The Ontario Law Enforcement Athletic Association wants you to have an enjoyable and memorable stay at the Games and is serious about the reputation of the Games and of our professions. O.L.E.A.A. will do everything in its power to take the harshest action against any individual who would behave in a way that might jeopardize this goal.

ELIGIBILITY:

Those who cannot compete are security guards. All sworn law enforcement, correctional officers, retired sworn law enforcement and retired correctional officers from municipality, county, federal, military, provincial / state agencies, Fire and EMS are eligible to participate.

ENTRY FEES:

\$60.00 CDN for the first sport and \$10.00 CDN for each additional sport. The team captain along with the team roster should send in the team fee. The team sport fee does not apply to the individual fee.

NOTE: Angling, Cross Country Bike, Cycling Road Race, Beach volleyball, 5K and 10K will be \$30.00 events.

FEE STRUCTURE:

- Primary Sport: \$60.00
- Additional Sport(s): \$10.00 for each sport(s).
- Golf: \$105.00 includes 18 Holes Golf, Cart and Supper. **This fee includes the primary Sport Fee.*
- Angling Team: \$60.00 for each team. A team consists of two persons.

Example:

Powellifting, fee is \$60.00 for one or all events in that sport, for an additional sport, example Benchpress, for one or all events in that sport it will be \$10.00. However, this does not apply to Golf.

GENERAL SPORTS RULES:

The O.L.E.A.A. rules shall supersede all other rules. If a conflict of rules occurs, including host's rules, O.L.E.A.A. will be used and all decisions will be final.

GUESTS:

Guests include the following categories: All Military Personnel, Civilian employees of a law enforcement agency, reserves, auxiliary police and public service aides of a law enforcement agency. A person can enter as a guest if they have received permission from a board member of O.L.E.A.A. Tel: (905) 569-2358 Fax: (905) 569-8411.

GUIDING BODIES:

The Ontario Law Enforcement Athletic Association Games rules will supersede rules for all sports – unless stated differently in the events listed in the brochure.

MEDALS:

Medals will be presented at the sport venue immediately after the conclusion of each event.

MINIMUM TO SCHEDULE AN EVENT:

There must be a minimum of five (5) paid applicants or teams in order for the event to be held. If there are less than five (5) participants in any age or weight category, participants will automatically be moved to the lower age or higher weight category.

NON-PLAYING COACHES:

All team events may add a non-playing coach who will be eligible to receive a souvenir item and medal provided he/she has completed the application form and paid a \$10.00 entry fee.

PURPOSE OF THE GAMES:

The purpose of the Canadian Law Enforcement and Fire Games is to build stronger bonds between fellow law enforcement officers, Fire and EMS from across Canada and other countries through sports.

REFUNDS:

A full refund will only be made if event is cancelled.

RETURNED CHECKS:

\$25.00 CDN fee.

RULES FOR TEAM SPORTS:

- 1) Each player must submit a completed application.
- 2) Coach or captain must submit a team roster (blank form located in back of booklet).
- 3) Coach or captain must submit a completed application.
- 4) Coach or captain must submit the team entry fee.
- 5) Players are only allowed to play in one category - unless otherwise indicated.
- 6) Players need to submit only one application no matter how many different sports he/she will be competing in.

SCHEDULING CONFLICTS:

When competing in more than one sport, whether as an individual or team member, you are responsible for checking the schedule for times and locations to avoid possible conflicts. The Games Committee will NOT be responsible for any conflicts. In addition, the committee will not be responsible if the competitor is not registered in their event due to an incomplete application.

SOLICITATION:

The selling of paraphernalia (T-shirts, etc.) without the express written consent of the Executive Board of the Canadian Law Enforcement and Fire Games is strictly prohibited.

SUBSTITUTIONS:

Substitutions are only allowed in the case of injury. The team **coach** is the only person permitted to make a substitution for the team. Substitutions cannot be made from one roster to another in the same sport. Substitutions are made at the Registration Centre site by an executive board member.

TEAM EVENTS:

Will be on a first come basis. Players may only play on one team per division per sport. Failure to comply, player(s) will be ejected from competition and the penalized team will forfeit any win. Members competing in a team event need **NOT** be from the same agency.

TEAM FEES:

Ice Hockey:	\$500.00 per team
Angling:	\$60.00 per team
Beach Volleyball:	\$60.00

UNSPORTSMANLIKE CONDUCT:

Unsportsmanlike conduct will not be condoned, during, before or after the competition. Any behavior, which brings discredit upon the C.L.E.F.G. or law enforcement agencies, **WILL NOT BE TOLERATED**. Any physical or verbal assault on officials, competitors, spectators, coordinators will meet with immediate action and the severest of penalties.

ANGLING - Bass Tournament

Venue: Moira Lake
Date: Monday, Sept. 13, 2011
Time: 7:00 a.m. until 3:00 p.m.

CODE **EVENT**
ANA All events are Unisex Open (18+).

- Team Event (2 Person Team).
- One (1) person per team must meet the O.L.E.E.A. eligibility requirements.
- Fee is \$60.00 per team.
- Five (5) Bass limit.

CONTACT PERSON: Bryan Quincey at (613) 848-6030 OR jignpig@sympatico.ca
For questions and complete rules for the angling event please contact Bryan.

BEACH VOLLEYBALL - Tournament

Venue: Calvary Temple Church - Belleville
Date: Saturday, Sept. 10, 2011
Time: 8:00 a.m. until 4:00 p.m.

CODE **EVENT**
VV10 Men's Open
VV20 Woman's Open

- Team Event (2 Person Team).
- One (1) person per team must meet the O.L.E.E.A. eligibility requirements.
- Double Elimination
- Each Team may carry three players on roster. Two on court at a time.
- Fee is \$60.00 per team.
- Guiding Bodies: O.L.E.A.A. and Volleyball Canada

CONTACT PERSON: John Bertelink at John.Bertelink@Ontario.ca

BENCH PRESS

Venue: Quinte Fitness Centre
Date: Saturday, Sept. 10, 2011
Time: 09:00a.m. **Mandatory weigh-in 8:00 a.m.*

<u>CODE</u>	<u>EVENT</u>	<u>CODE</u>	<u>EVENT</u>
BPA11	Men's Open 132 lbs.	BPA22	Men 40-49 132 lbs
BPB11	Men's Open 148 lbs.	PBB22	Men 40-49 148 lbs.
BPC11	Men's Open 165 lbs.	BPC22	Men 40-49 165 lbs.
BPD11	Men's Open 181 lbs.	BPD22	Men 40-49 181 lbs.
BPE11	Men's Open 198 lbs.	BPE22	Men 40-49 198 lbs.
BPF11	Men's Open 220 lbs.	BPF22	Men 40-49 220 lbs.

BPG11	Men's Open 242 lbs.	BPG22	Men 40-49 242 lbs.
BPH11	Men's Open 275 lbs.	BPH22	Men 40-49 275 lbs.
BPJ11	Men's Open Unlimited	BPJ22	Men 40-49 Unlimited.
BPA33	Men 50 & Up 132 lbs.	BPW25	Women's Open 125
BPB33	Men 50 & Up 148 lbs.	BPW60	Women's Open 160
BPC33	Men 50 & Up 165 lbs.	BPW00	Women's Open Unlimited
BPD33	Men 50 & Up 181 lbs.		
BPE33	Men 50 & Up 198 lbs.		
BPF33	Men 50 & Up 220 lbs.		
BPG33	Men 50 & Up 242 lbs.		
BPH33	Men 50 & Up 275 lbs.		
BPJ33	Men 50 & Unlimited		

- Women's calculations are done by the Malone formula (body weight only).
- Format: Event will take place during the Power Lifting Event.
- Equipment: Single ply bench shirt, no canvas or denim, one piece singlet to be worn over bench shirt, 1 meter wrist wraps.
- Guiding Bodies: O.L.E.A.A. and IPF (International Power Lifting Federation)

CONTACT PERSON: Rich Machell at richmachell@yahoo.com or
Kari Suutari at Kari.suutari@peelpolice.ca

BOWLING - 5 Pin

Venue: Quinte Bowling Centre Inc.
Date: Tuesday, Sept. 13, 2011
Time: 09:00 a.m.

<u>CODE</u>	<u>EVENT</u>	<u>CODE</u>	<u>EVENT</u>
BMFS20	Men's Singles 200 & over	BWFS75	Women's Singles 175 & over
BMFS19	Men's Singles 199 & under	BWFS74	Women's Singles 174 & under
BMFD00	Men's Doubles 400 & over	BWFD50	Women's Doubles 350 & over
BMFD99	Men's Doubles 399 & under	BWFD49	Women's Doubles 349 & under
BCFD75	Coed Doubles 375 & over	BCFD74	Coed Doubles 374 & under

- Format: All bowling will be scratch with two divisions for both men and women based on averages.
- Guiding Bodies: O.L.E.A.A. and Canadian Bowling Congress

CONTACT PERSON: Marty Alarie at Hangman1@cogeco.ca

BOWLING - 10 Pin

Venue: Quinte Bowling Centre Inc.
Date: Wednesday, Sept. 14, 2011
Time: 09:00 a.m.

<u>CODE</u>	<u>EVENT</u>	<u>CODE</u>	<u>EVENT</u>
BMTS75	Men's Singles 175 & over	BWTS50	Women's Singles 150 & over
BMTS74	Men's Singles 174 & under	BWTS49	Women's Singles 149 & under
BMTD50	Men's Doubles 350 & over	BWTD10	Women's Doubles 310 & over
BMTD49	Men's Doubles 349 & under	BWTD09	Women's Doubles 309 & under
BCTD30	Coed Doubles 350 & over	BCTD29	Coed Doubles 349 & under

- Format: All bowling will be scratch with two divisions for both men and women based on averages.
- Guiding Bodies: O.L.E.A.A. and Canadian Bowling Congress

CONTACT PERSON: Marty Alarie at Hangman1@cogeco.ca

CROSS COUNTRY BIKE 20K

Venue: Batawa Ski Hill
Date: Monday, Sept. 12, 2011
Time: 10:00 a.m.

<u>CODE</u>	<u>GENDER</u>	<u>AGE</u>	<u>CODE</u>	<u>GENDER</u>	<u>AGE</u>
MB10	Men	18-29	MB80	Women	18-29
MB12	Men	30-34	MB82	Women	30-34
MB14	Men	35-39	MB84	Women	35-39
MB16	Men	40-44	MB86	Women	40+
MB18	Men	45-49	MB22	Men	55-59
MB20	Men	50-54	MB24	Men	60+

- Format: All competitors are required to provide their own mechanically sound bicycle and approved helmet. Mass start. The course is quite hilly and will be set based on weather conditions.
- Guiding Bodies: O.L.E.A.A., Ontario Cycling Association.

CONTACT PERSON: Jason Camp at Jason.Camp@ontario.ca or camp.jason@yahoo.ca

CYCLING ROAD RACE 40K

Venue: Batawa Ski Hill
Date: Saturday, Sept. 10, 2011
Time: 10:00 a.m.

<u>CODE</u>	<u>EVENT</u>	<u>GENDER</u>	<u>AGE</u>	<u>CODE</u>	<u>EVENT</u>	<u>GENDER</u>	<u>AGE</u>
CR10	Cycling Road	Men	18-29	CR80	Cycling Road	Women	18-29
CR12	Cycling Road	Men	30-34	CR82	Cycling Road	Women	30-34
CR14	Cycling Road	Men	35-39	CR84	Cycling Road	Women	35-39
CR16	Cycling Road	Men	40-44	CR86	Cycling Road	Women	40 +
CR18	Cycling Road	Men	45-49				
CR20	Cycling Road	Men	50-54				
CR22	Cycling Road	Men	60 +				

- Road Race: The Road Race to be determined. Approved hard shell helmet is required. Aero bars are NOT permitted.
- Guiding Bodies: O.L.E.A.A. and Canadian Cycling Association.

CONTACT PERSON: Jason Camp at Jason.Camp@ontario.ca or camp.jason@yahoo.ca

GOLF

Venue: Black Bear Golf Course - Belleville
Date: Thursday, Sept. 15, 2011
Time: 9:00 a.m. Shotgun Start

<u>CODE</u>	<u>EVENT</u>
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GFDD10	Men
GFDD20	Women
GFDD30	Mixed

- Format: 4 person scramble. Age categories. Soft spikes only.
- Guiding Bodies: O.L.E.A.A. Fee: \$105

CONTACT PERSON: David Snider at david.snider@ontario.ca or Paul Dupuis at pauldardupuis@hotmail.com

ICE HOCKEY

Venue: Centennial Park - Duncan McDonald Memorial Arena
Date: Friday – Saturday, Sept. 10, 11, 2011
Time: 8am - 4pm

<u>CODE</u>	<u>EVENT</u>
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ICE01	Women's
ICE02	Men's Open-Recreation
ICE03	Men;s Over 45

- Format: For all events, roster will include a maximum 16 team members: 20 players, 2 goal-keepers (plus 1 non-playing coach/manager). Maximum of 3 guests per team. 3 – 15 minute non-stop periods.
- Guiding Bodies: O.L.E.A. A. Fee: \$500

CONTACT PERSON: Jennifer Guerin at Jennifer.Guerin@csc-scc.gc.ca

POWERLIFTING

Venue: Quinte Fitness
Date: Saturday, Sept. 10, 2011
Time: 10:00 a.m. * *Mandatory Weigh-In at 8:00 a.m.*

<u>CODE</u>	<u>EVENT</u>	<u>CODE</u>	<u>EVENT</u>
PLA11	Men's Open 132 lbs.	PLA22	Men 40-49 132 lbs.
PLB11	Men's Open 148 lbs.	PLB22	Men 40-49 148 lbs.
PLC11	Men's Open 165 lbs.	PLC22	Men 40-49 165 lbs.
PLD11	Men's Open 181 lbs.	PLD22	Men 40-49 181 lbs.
PLE11	Men's Open 198 lbs.	PLE22	Men 40-49 198 lbs.
PLF11	Men's Open 220 lbs.	PLF22	Men 40-49 220 lbs.
PLG11	Men's Open 242 lbs.	PLG22	Men 40-49 242 lbs.
PLH11	Men's Open 275 lbs.	PLH22	Men 40-49 275 lbs.
PLJ11	Men's Open Unlimited	PLJ22	Men 40-49 Unlimited
PLA33	Men 50 & Up 132 lbs.	PLW25	Women's Open 125
PLB33	Men 50 & Up 148 lbs.	PLW60	Women' Open 160
PLC33	Men 50 & Up 165 lbs	.PLW 00	Women's Open Unlimited
PLD33	Men 50 & Up 181 lbs.		
PLE33	Men 50 & Up 198 lbs.		
PLF33	Men 50 & Up 220 lbs.		
PLG33	Men 50 & Up 242 lbs.		
PLH33	Men 50 & Up 275 lbs.		
PLJ33	Men 50 & Up Unlimited		

- A one piece lifting suit is required (wrestling singlet).
- Women's calculations are done by the Malone formula (body weight only).
- Equipment: Single ply bench shirt, no canvas and no denim; 1 Meter long wrist wraps; one piece singlet to be worn over bench shirt; single ply squat/dead lift suit to be used; 2 meter knee wraps allowed; knee high socks for dead lifting; lifting or running shoes to be used (no boots), belt restrictions as per IPF.
- Guiding Bodies: O.L.E.A.A. and IPF

CONTACT PERSON: Rich Machell at richmachell@yahoo.com or
Kari Suutari at Kari.suutari@peelpolice.ca

5 K RUN - ROAD RACE

Venue: Batawa Ski Hill
Date: Sunday, Sept. 11, 2011
Time: 9:00 a.m.

<u>CODE</u>	<u>GENDER</u>	<u>AGE</u>	<u>CODE</u>	<u>GENDER</u>	<u>AGE</u>
FK10	Men	18-29	FK80	Women	18-29
FK12	Men	30-34	FK82	Women	30-34
FK14	Men	35-39	FK84	Women	35-39
FK16	Men	40-44	FK86	Women	40+
FK18	Men	45-49	FK22	Men	55-59
FK20	Men	50-54	FK24	Men	60+

- Format: Check-in 0700 at the race site. Mass start. No late starters. No pacing.
- Guiding Bodies: O.L.E.A.A. and Athletics Canada.

CONTACT PERSON: Erica Arsenault at Erica.arsenault@ontario.ca

10 K RUN - ROAD RACE

Venue: Batawa Ski Hill
Date: Sunday, Sept. 11, 2011
Time: 9:00 a.m.

<u>CODE</u>	<u>GENDER</u>	<u>AGE</u>	<u>CODE</u>	<u>GENDER</u>	<u>AGE</u>
TK10	Men	18-29	TK80	Women	18-29
TK12	Men	30-34	TK82	Women	30-34
TK14	Men	35-39	TK84	Women	35-39
TK16	Men	40-44	TK86	Women	40+
TK18	Men	45-49	TK22	Men	55-59
TK20	Men	50-54	TK24	Men	60+

- Format: Check-in 0700 at the race site. Mass start. No late starters. No pacing.
- Guiding Bodies: O.L.E.A.A. and Athletics Canada.

CONTACT PERSON: Erica Arsenault at Erica.arsenault@ontario.ca

SHOOTING

Venue: MilCun Training Center
Wednesday, August 10th, 2011

For details on this event please go to either of the following websites:

www.clefg.com or www.milcun.com

CONTACT PERSON: Linda Miller at milcun@sympatico.ca or
Brad Milburn Nine4six7@yahoo.com

STRONGMAN COMPETITION

Venue: Quinte Fitness Center
Date: Saturday, Sept. 11, 2010
Time: 12:00 pm

<u>CODE</u>	<u>EVENT</u>	<u>CODE</u>	<u>EVENT</u>
SC01	Men's Novice	SC03	Women's Novice
SC02	Men's Intermediate	SC04	Women's Intermediate

SCHEDULE OF EVENTS:

MEN'S

- 1) FARMER'S WALK - Competitor will carry 250 lbs per hand a 150 feet.
- 2) LOG PRESS - Press the max weight 230 lbs weight for reps, clean and press each rep.
- 3) MEDLEY - 230 lb sandbag carry of 75 feet then 400 lb sled drag for 75 feet
- 4) ATLAS STONES - Atlas stone for rep – 255 over 56 inch bar

WOMEN'S

- 1) AXLE DEADLIFT - Deadlift for reps 300 lbs
- 2) SANDB AG CARRY - 230 lb sandbag carry
- 3) LOG PRESS - 120 lb for reps, one clean
- 4) TIRE FLIP - Flip 400 lb tire for reps

ALL EVENTS HAVE A 75 SECOND TIME LIMIT

Guiding Bodies: O.L.E.A.A. and O.S.A. (Ontario Strongman Association)

CONTACT PERSON: Rich Machell at richmachell@yahoo.com

CANADIAN LAW ENFORCEMENT & FIRE GAMES
2011 OFFICIAL APPLICATION
Appendix A Part 1 of 2

Last Name: _____ First Name: _____ Mi: _____

Home Address:

Number Street Name Apt. City Prov./State Postal / Zip Code

Country: _____ Your Age On Date of Event: _____ Sex: _____

Home Phone: _____ Work Phone: _____ Fax: _____

Agency: _____ Rank: _____

E-mail: _____

YOUR T-SHIRT SIZE: (circle one): S M L XL XXL XXXL

Circle One: SWORN RETIRED FIRE EMS SPOUSE
GUEST (Permission required –via email or fax)

If there are not enough entries in my age classification I will move to the next lower age:

Please initial: _____ YES or _____ NO

If there are not enough entries in my weight class I will move one class higher: Please initial ___ Yes or ___ NO

RELEASE OF LIABILITY CONTRACT: For and in consideration for granting permission to participate in the 2011 Canadian Law Enforcement and Fire Games being held in Quinte West, Ontario, Canada on Aug.10 – Sept 10 -17, 2011, the undersigned hereby releases any and all persons or organizations connected with or attending the Games or its events, from liability for damages arising out of any sort or nature suffered by the undersigned by reason of his participation in any of the activities of the 2011 Canadian Law Enforcement and Fire Games.

UNSPORTSMANLIKE CONDUCT CONTRACT: It is emphasized that unsportsmanlike conduct WILL NOT BE TOLERATED. Complaints from the officials/referees will be given the highest priority and consideration in any disciplinary action by the executive board. If in the opinion of the Canadian Law Enforcement and Fire Games Executive Board, that a competitor has displayed excessive or abusive unsportsmanlike conduct on the playing field, he/she will be subject to immediate expulsion from all competition.

IDENTIFICATION AGREEMENT: I am aware that registration is mandatory at anytime before my first event and at the time I register I must present my Official PHOTO Department Identification.

By signing below, you are accepting the terms listed above in the Release of Liability Contract, Unsportsmanlike Conduct Contract, and the Identification Agreement:

SIGNATURE: _____ DATE: _____

MAIL APPLICATION and FEE TO:

O.L.E.A.A., 8965 Chinguacousy Road, P.O. Box 20053, Brampton, ON, L6Y 0L9

Contact us at Tel: 905-569-2358 or fax application before mailing to 905-569-8411.

**CANADIAN LAW ENFORCEMENT & FIRE GAMES
 2011 OFFICIAL APPLICATION
 Appendix A Part 2 of 2**

ALL SPORTS ARE ON A FIRST COME BASIS AS SPACE IS LIMITED.

PRINT NAME: _____ AGE: _____

INDIVIDUAL SPORTS AND SPORTS WITH DOUBLES PARTNERS

List the event codes, describe the event, and list your doubles partner (if applicable)

EVENT CODE	SPORT/EVENT DESCRIPTION	DOUBLES PARTNERS (Name) if applicable
1)		
2)		
3)		
4)		
5)		
6)		
7)		
8)		

TEAM SPORTS: Slo-pitch, soccer & Tug-o-War

List the sport code, describe the sport, list your team name, and the name of your coach.

LIMITED SPACES FOR TEAMS ON A FIRST COME BASIS.

SPORT CODE	DESCRIPTION	TEAM NAME	COACH
1)			
2)			
3)			
4)			

This section of the application is where you list your team member's names for track. Use additional paper if needed.

EVENT CODE	MEMBERS LAST NAMES		
1)	1)	2)	3)
2)	1)	2)	3)
3)	1)	2)	3)
4)	1)	2)	3)
5)	1)	2)	3)

**Host Hotel: Holiday Inn
 99 Glen Miller Road, Trenton, Quinte West, Ontario, Canada K8V 5P8
 Phone: 613-394-4855 or Fax: 613-392-0635**